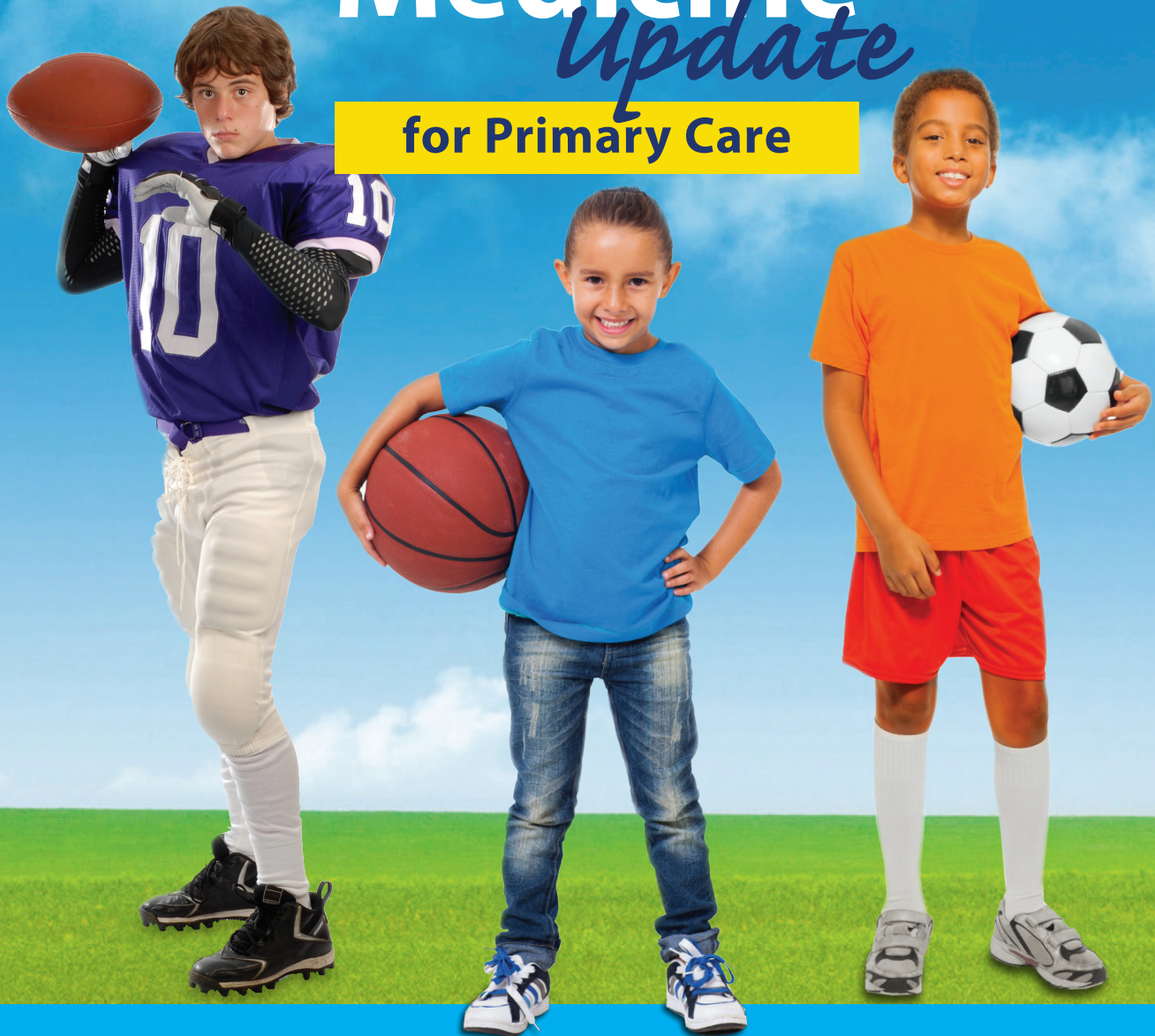


13TH Annual Pediatric and Adolescent

Sports Medicine *Update*

for Primary Care



June 13, 2019
8 a.m. to 4 p.m.

Brickhouse Auditorium
Children's Hospital of The King's Daughters
601 Children's Lane • Norfolk, VA 23507

7 AMA PRA Category I Credits™

Register online at EVMS.edu/CMERegistration

presented by



in collaboration with

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™



Virginia Chapter



Discounted fees for VA-AAP, VATA and VPATA members

Overall Objective

After attending this conference, healthcare professionals who are caring for young athletes will be able to evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete as well as apply hands-on techniques for treatment of sports injuries.

Target Audience

Pediatric & Adolescent Sports Medicine Update has been designed to inform pediatricians, family practitioners, internists, emergency medicine physicians, physician assistants, nurse practitioners, physical therapists, and certified athletic trainers.

Educational Formats

- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with the expert

Continuing Medical Education

Pediatric Grand Rounds (8 a.m. – 9 a.m.)

Accreditation Statement

Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

13th Annual Pediatric and Adolescent Sports Medicine Update for Primary Care 2019 (9:05 a.m. – 4:05 p.m.)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Children's Hospital of The King's Daughters (CHKD). Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education Credit

Athletic Trainers

Children's Hospital of The King's Daughters is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. BOC Approved Provider Number: P3720



Nurses

Children's Hospital of The King's Daughters is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Special Services

If special arrangements are required for an individual with a disability, contact EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

Discounted Fees for VA-AAP, VATA, and VPTA Members

Registration is \$68 for VA-AAP members and \$58 for VATA and VPTA members, if registered by **May 14, 2019**.

Cancellation Deadline

All cancellations must be made **in writing to CME@EVMS.edu prior to Friday, May 31, 2019** in order to receive a refund. No refunds will be given after this date. A \$25 administrative service charge will be assessed on ALL cancellations. Refunds will not be given for cancellations received after this date or for "no shows."

Conference Agenda

- 8:00 a.m. EVMS Pediatric Grand Rounds
Bullying and Hazing in Sports** – Alex Diamond, DO
- 9:05 a.m. Welcome and Opening Comments** – Joel Brenner, MD, MPH
- 9:15 a.m. Interventional and Regenerative Spine & Extremity Treatment
for Young Athletes** – David Levi, MD
- 10:00 a.m. Q & A**
- 10:05 a.m. Evidence-Based Return to Throw** – David Smith, MD
- 10:35 a.m. Q & A**
- 10:40 a.m. “MOVEMENT”**
- 10:45 a.m. Introduction to Modern Cupping Therapy** – Shannon Gilmartin, CMT
- 11:10 a.m. Q & A**
- 11:15 a.m. Break with Exhibitors**
- 11:30 a.m. Workshop 1**
- 12:30 p.m. Lunch and Panel – Youth Sports Medicine Dilemmas**
(Cases and Questions submitted by audience)
Moderator: Joel Brenner, MD, MPH
- Panel: Alex Diamond, DO; Shannon Gilmartin, CMT; Eric Gyuricsko, MD;
Amy Soucek, MEd, LAT, ATC; and Ryan Williams, MD
- 1:10 p.m. Workshop 2**
- 2:05 p.m. A 2019 Update on Headaches** – Ryan Williams, MD
- 2:35 p.m. Q & A**
- 2:40 p.m. Youth Early Sport Specialization Summit Update** – Joel Brenner, MD, MPH
- 3:00 p.m. Anne McKim Memorial Lecture – Cognitive Benefits of Exercise in Youth**
– Alex Diamond, DO
- 4:00 p.m. Closing Remarks and Adjourn** – Joel Brenner, MD, MPH

Workshop 1

- MD/ATC/PT *Injury Prevention in Dancers – Ashley deLalla, DPT and Emily Hafer, DPT
- MD/ATC/PT *Manual Therapy for the Overhead Thrower – Chris Anninos, DPT and Casey Powles, DPT
- MD/ATC/PT Modern Cupping Therapy for Sports & Athletic Performance
– Shannon Gilmartin, CMT

Workshop 2

- MD/ATC/PT Bone Health: A Multidisciplinary Approach – Eric Gyuricsko, MD and Allison Tenfelde, MD
- MD/ATC/PT Modern Cupping Therapy for Sports & Athletic Performance – Shannon Gilmartin, CMT
- ATC/PT *ACL Injury Prevention and Return to Soccer – Aisha Joyce, MD and Tyler Miller, LPTA

***Wear comfortable attire for workshop participation and examination.**

Faculty

Visiting Faculty

Alex B. Diamond, DO, MPH

Associate Professor of Orthopedics and Rehabilitation
Associate Professor of Pediatrics
Director, Program for Injury Prevention in Youth Sports (PIPYS)
Vanderbilt University Medical Center
Nashville, TN

David Levi, MD

Jordan-Young Institute
Virginia Beach, VA

Shannon Gilmartin, CMT, CMCTP

Co-Owner of MCT Education Company
Virginia Beach, VA

CHKD/EVMS Faculty

Joel Brenner, MD, MPH, Course Director

Medical Director, Sports Medicine Program, CHKD
Sports Medicine and Adolescent Medicine Specialist, CSG/CHKD
Professor of Pediatrics, EVMS

Chris Anninos, DPT, SCS

Sports Medicine Physical Therapist, CHKD

Ashley deLalla, DPT

Sports Medicine Physical Therapist, CHKD

Eric Gyuricsko, MD

Pediatric Endocrinologist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Emily Hafer, DPT

Sports Medicine Physical Therapist, CHKD

Aisha Joyce, MD

Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Tyler Miller, LPTA, CSCS, CES

Sports Medicine Physical Therapy Assistant, CHKD

Casey Powles, DPT, CSCS

Sports Medicine Physical Therapist, CHKD

David Smith, MD

Sports Medicine Specialist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

Allison Tenfelde, MD

Pediatric Orthopedic Surgeon, CSSG/CHKD

Ryan Williams, MD

Pediatric Neurologist, CSG/CHKD
Assistant Professor of Pediatrics, EVMS

