13[™] Annual Pediatric and Adolescent

Sports Medicine for Primary Care



Brickhouse Auditorium Children's Hospital of The King's Daughters 601 Children's Lane • Norfolk, VA 23507

7 AMA PRA Category I Credits™

Register online at EVMS.edu/CMEregistration



presented by



in collaboration with American Academy of Pediatrics DEDICATED TO THE HEALTH OF ALL CHILDREN"

Virginia Chapter



Discounted fees for VA-AAP, VATA and VPTA members

Overall Objective

After attending this conference, healthcare professionals who are caring for young athletes will be able to evaluate, diagnose, and manage injuries in the pediatric and adolescent athlete as well as apply hands-on techniques for treatment of sports injuries.

Target Audience

Pediatric & Adolescent Sports Medicine Update has been designed to inform pediatricians, family practitioners, internists, emergency medicine physicians, physician assistants, nurse practitioners, physical therapists, and certified athletic trainers.

Educational Formats

- Lectures
- Hands-on workshops
- Case-based presentations
- Interactive discussions
- Lunch with the expert

Continuing Medical Education

Pediatric Grand Rounds (8 a.m. - 9 a.m.)

Accreditation Statement

Eastern Virginia Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 1 AMA PRA Category 1 Credit^m. Physicians should only claim credit commensurate with the extent of their participation in the activity.

13th Annual Pediatric and Adolescent Sports Medicine Update for Primary Care 2019 (9:05 a.m. - 4:05 p.m.)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Children's Hospital of The King's Daughters (CHKD). Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 6 AMA PRA Category 1 Credits[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education Credit

Athletic Trainers

Children's Hospital of The King's Daughters is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. BOC Approved Provider Number: P3720



Nurses

Children's Hospital of The King's Daughters is approved as a provider of continuing nursing education by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Special Services

If special arrangements are required for an individual with a disability, contact EVMS CME at (757) 446-6140 at least 15 days prior to the conference.

Discounted Fees for VA-AAP, VATA, and VPTA Members

Registration is \$68 for VA-AAP members and \$58 for VATA and VPTA members, if registered by May 14, 2019.

Cancellation Deadline

All cancellations must be made **in writing to CME@EVMS.edu prior to Friday, May 31, 2019** in order to receive a refund. No refunds will be given after this date. A \$25 administrative service charge will be assessed on ALL cancellations. Refunds will not be given for cancellations received after this date or for "no shows."

Conference Agenda

8:00 a.m.	EVMS Pediatric Grand Rounds Bullying and Hazing in Sports – Alex Diamond, DO	Visitin
9:05 a.m.	Welcome and Opening Comments – Joel Brenner, MD, MPH	Alex B. Associa
9:15 a.m.	Interventional and Regenerative Spine & Extremity Treatment for Young Athletes – David Levi, MD	Reha Associa Directo
10:00 a.m.	Q & A	Yout Vanc
10:05 a.m.	Evidence-Based Return to Throw – David Smith, MD	Nash
10:35 a.m.	Q&A	David Jordan
10:40 a.m.	"MOVEMENT"	Virginia
10:45 a.m.	Introduction to Modern Cupping Therapy – Shannon Gilmartin, CMT	Shann
11:10 a.m.	Q&A	Co-Ow Virginia
11:15 a.m.	Break with Exhibitors	CHKD/I
11:30 a.m.	Workshop 1	Joel Br
12:30 p.m.	Lunch and Panel – Youth Sports Medicine Dilemmas (Cases and Questions submitted by audience) Moderator: Joel Brenner, MD, MPH	Medica CHKI Sports Spec
	Panel: Alex Diamond, DO; Shannon Gilmartin, CMT; Eric Gyuricsko, MD; Amy Soucek, MSEd, LAT, ATC; and Ryan Williams, MD	Profess Chris A
1:10 p.m.	Workshop 2	Sports
2:05 p.m.	A 2019 Update on Headaches – Ryan Williams, MD	Ashley Sports
2:35 p.m.	Q&A	Eric Gy
2:40 p.m.	Youth Early Sport Specialization Summit Update – Joel Brenner, MD, MPH	Pediatr Assistar
3:00 p.m.	Anne McKim Memorial Lecture – Cognitive Benefits of Exercise in Youth - Alex Diamond, DO	Emily I Sports
4:00 p.m.	Closing Remarks and Adjourn – Joel Brenner, MD, MPH	Aisha J
•••••		Sports Assistar
Workshop 1		Tyler N
MD/ATC/PT	*Injury Prevention in Dancers – Ashley deLalla, DPT and Emily Hafer, DPT	Sports
MD/ATC/PT	*Manual Therapy for the Overhead Thrower – Chris Anninos, DPT and Casey Powles, DPT	Casey Sports
MD/ATC/PT	Modern Cupping Therapy for Sports & Athletic Performance - Shannon Gilmartin, CMT	David Sports
Workshop 2		Assistar
MD/ATC/PT	Bone Health: A Multidisciplinary Approach – Eric Gyuricsko, MD and Allison Tenfelde, MD	Allison Pediatr
MD/ATC/PT	Modern Cupping Therapy for Sports & Athletic Performance – Shannon Gilmartin, CMT	Ryan V Pediatr Assistar
ATC/PT	*ACL Injury Prevention and Return to Soccer – Aisha Joyce, MD and Tyler Miller, LPTA	
*Wear comfo	ortable attire for workshop participation and examination.	

Faculty

	Visiting Faculty
	Alex B. Diamond, DO, MPH Associate Professor of Orthopedics and Rehabilitation Associate Professor of Pediatrics Director, Program for Injury Prevention in Youth Sports (PIPYS) Vanderbilt University Medical Center Nashville, TN
	David Levi, MD Jordan-Young Institute Virginia Beach, VA
	Shannon Gilmartin, CMT, CMCTP Co-Owner of MCT Education Company Virginia Beach, VA
	CHKD/EVMS Faculty
	Joel Brenner, MD, MPH, Course Director Medical Director, Sports Medicine Program, CHKD Sports Medicine and Adolescent Medicine Specialist, CSG/CHKD Professor of Pediatrics, EVMS
	Chris Anninos, DPT, SCS Sports Medicine Physical Therapist, CHKD
	Ashley deLalla, DPT Sports Medicine Physical Therapist, CHKD
1D, MPH	Eric Gyuricsko, MD Pediatric Endocrinologist, CSG/CHKD Assistant Professor of Pediatrics, EVMS
n Youth	Emily Hafer, DPT Sports Medicine Physical Therapist, CHKD
	Aisha Joyce, MD Sports Medicine Specialist, CSG/CHKD Assistant Professor of Pediatrics, EVMS
Г	Tyler Miller, LPTA, CSCS, CES Sports Medicine Physical Therapy Assistant, CHKD
	Casey Powles, DPT, CSCS Sports Medicine Physical Therapist, CHKD
	David Smith, MD Sports Medicine Specialist, CSG/CHKD Assistant Professor of Pediatrics, EVMS

Allison Tenfelde, MD Pediatric Orthopedic Surgeon, CSSG/CHKD

Ryan Williams, MD Pediatric Neurologist, CSG/CHKD Assistant Professor of Pediatrics, EVMS

Complete and mail this form or register online at EVMS.edu/CMEregistration.

Pediatric and Adolescent Sports Medicine Update for Primary	Care
June 13, 2019 • 8 a.m. to 4 p.m.	

Registration Information

Registration is \$85 for physicians and \$65 for other healthcare professionals and should be received by June 7, 2019. This fee includes conference materials, continental breakfast, coffee breaks, and lunch. Registration will be confirmed by email upon receipt of payment.

Registration Fee (check one)

🗌 \$85 Physician

🗌 \$65 Other Professional

\$50 Student

Member Discounts by May 14, 2019 (affiliations will be verified):

\$68 VA-AAP Member (member # _____)

- \$58 VATA Member (member # _____)
- \$58 VPTA Member (member # _____)

Registration Contact

EVMS Continuing Medical Education Phone: (757) 446-6140 Email: CME@EVMS.edu

Register online at EVMS.edu/ CMEregistration or register by mail (include payment):

Eastern Virginia Medical School Continuing Medical Education 358 Mowbray Arch, #207 Norfolk, VA 23507 Phone: (757) 446-6140 E-mail: CME@EVMS.edu

Uegetarian meal requested. (For other dietary restrictions contact the CME office at 757-446-6140.)

Name/Degree (Please print o	learly or type)
Daytime phone	Fax
Organization	
Address	
City	State Zip
Email	
Please make your workshop se	lections by checking the choices below. Please mark both your first and second choice, respectively.
Workshop #1 - 11:30 a.m.	"Injury Prevention in Dancers"
	"Manual Therapy for the Overhead Thrower"
	"Modern Cupping Therapy for Sports & Athletic Performance"
Workshop #2 - 1:10 p.m.	"Bone Health: A Multidisciplinary Approach"
	"Modern Cupping Therapy for Sports & Athletic Performance"
	"ACL Injury Prevention and Return to Soccer"

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